



Lesson 8 – Anger (Part 2)

Prepare

Please Read the Following Passages:

- Numbers 20
- Psalm 103

Study Guide

Moses, a God-called leader, the greatest leader of the Old Testament and yet had a serious problem in his life. Killed an Egyptian in anger at 40. Just before entering Canaan – this problem resurfaced. As dads, wives, children, leaders, teachers, we can dishonor God thru anger. People sit in church angry at God and lose the blessing He has for them.

- I. Cause of Anger (Numbers 20:1)
 - A. Personal Pain (Numbers 20:1)
 - B. People Pressure (Numbers 20:3)

II. Countenance of Anger (Numbers 20:7-11)

- A. Sarcastic words (Numbers 20:10)
- B. Self-centered focus (Numbers 20:10)
- C. Striking physically (Numbers 20:11)
- D. Silence (Numbers 20:11)

III. **Calamity** of Anger (Numbers 20:12)

A. **Diverted** God's Plan (Numbers 20:8, 11)

God said speak to the rock - for a reason! Before he smote the rock according to God's plan but this time he was to speak to the rock!

We need to know God's Word to know God's plan.

B. **Destroyed** God's Picture (Numbers 20:11)

Three things led the Israelites:

Pillar of Cloud (Exodus 13:21)

Pillar of Fire (Exodus 13:21)

Rock (1 Corinthians 10:3-4), which was **Christ**.

Christ was smitten, crucified, just once.

Once for all he laid down his life (Hebrews 9:26, 10:10, I Peter 3:18)

Not to be repeated over and over again

Now we speak to Him in prayer (1 Timothy 2:5).

We can't flippantly make up our own minds, live how we want to live.

C. **Denied** God's Prize (Numbers 20:12)

Moses was working to lead God's people to the Promised Land.

Marriages and children today are destroyed because of anger.

We are to be pictures and images of what our God is like.

You cannot run from you, you have to take you with you!

The greatest prize for many is having a good testimony

One circumstance can destroy your testimony to your kids

Pastors coaching basketball may risk their testimony

IV. The **Cure** for Anger

Four Ways to react

- A. Repression – Lie to self, I'm not angry
- B. Suppression – Hide from others, I'm not angry
- C. Expression – Evident to all
- D. Confession – The "I am" level of revival

a. **Face** it

I agree this is an issue, this is not honoring to you

Make a list of those who've been offended by your expressions

Acknowledgement, confession, and subjection

b. **Focus** on God

- i. God is in **control** of all my circumstances

What a settling truth that is!

- ii. God is **conscious** of all my needs (Psalm 103)

He understands and knows us!

iii. God is **concerned** about my burdens (1 Peter 5:7)

Moses knew that (Exodus 33:12)

c. Reflect the **Fruit** of the Spirit

i. **God** Relationship: Love, Joy, Peace

ii. **Others** Relationship: Longsuffering, Gentleness, Goodness

iii. **Self** Relationship: Faith, Meekness, Temperance

Four ways to respond to a circumstance:

1. Get bitter - why God?

2. Be plastic - ignore, pretend I have the fruit

3. Thank God - Look up, He is revealing what I'm missing

Joy comes from God, Happiness comes from happenings

Unhappy people can be joyful with a settled peace

They may not be able to smile because of a heavy load

Internally a deep-anchored relationship with Jesus